



APGAR SCORE



Escambia County, Florida – 1st Responder Medical Protocol

The APGAR score should be used in newborns at 1 and 5 minutes after birth. If the patient is not immediately improving after birth, see [Basic Life Support Protocol](#).

THE APGAR SCORING CHART

Sign	0	1	2	1 Min.	5 Min.
Appearance (Skin Color)	Blue, Pale	Body Pink, Hand and Feet Blue	Completely Pink		
Pulse Rate (Heart Rate)	Absent	Below 100	Above 100		
Grimace (Irritability - Response to flick on sole)	No Response	Some Motion, Weak Cry	Vigorous Cry		
Activity (Muscle Tone)	Flaccid, Limp	Some Flexion of Extremities	Active Motion		
Respiratory (Effort)	Absent	Slow, Irregular	Good, Crying		



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