



ALLERGIC REACTION



Escambia County, Florida – 1st Responder Medical Protocol

Signs and symptoms consistent with allergic reaction:

Skin - flushing, itching, hives, swelling, cyanosis.

Respiratory - dyspnea, sneezing, coughing, wheezing, stridor, laryngeal edema, laryngospasm, bronchospasm.

Cardiovascular - vasodilation, increased heart rate, decreased blood pressure.

Gastrointestinal - nausea/vomiting, abdominal cramping, diarrhea.

CNS - dizziness, headache, convulsions, tearing.

ASSESSMENT

A. Assure ABC's. (See [General Supportive Care Protocol](#).)

TREATMENT

- A. Oxygen as outlined in [General Supportive Care Protocol](#).
- B. If hypotensive (systolic blood pressure <80) or patient has mild-moderate or severe respiratory distress.
1. Elevate legs
 2. Advise EMS of critical patient.

REPORT

A. Report as previously stated in [General Supportive Care Protocol](#).



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Approved by:

A handwritten signature in black ink, appearing to read "Charles Neal".
Charles Neal, D.O. Medical Director



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B. Include the following:

1. If reaction from bite, what bit patient.
2. If reaction from medication/other, what medication and container.
3. If reaction is generalized or local.
4. If symptoms are present.
5. Swelling of the face or airway, difficulty breathing wheezing or rash (hives)



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