



EPI-PEN AUTOINJECTOR



Escambia County, Florida - ALS/BLS Medical Protocol

The EMT (or Paramedic) may administer prescribed Epinephrine via an auto-injector for patients who are exhibiting signs of respiratory distress associated with allergic reaction.

These signs include: dyspnea, hives, flushing of the skin, wheezing, edema, and possible unstable vital signs.



Procedure:

1. [Initial Assessment Protocol 2.1.1.](#)
2. Assure auto-injector is prescribed for patient (EPI-Pen for adult patient and EPI-Pen Jr. for pediatric patient), check expiration date and cloudiness or discoloration if possible.
3. If patient is exhibiting signs of moderate to severe allergic reaction as described above, assist patient in administering Epinephrine via auto-injector.
4. Remove auto-injector safety cap.
5. Select appropriate injection site.
 - a. Thigh - lateral portion of thigh, midway between waist and knee.
 - b. Shoulder - fleshy portion of upper arm.
6. Push auto-injector firmly against site until injector activates.
7. Hold in place until medication is fully injected (minimum of 10 seconds).



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Page 1 of 2

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8. Record time.
9. Dispose of injector in biohazard container.
10. Reassess patient.



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Page 2 of 2

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