



# EMT ASSISTED ADMINISTRATION OF PRESCRIBED MEDICATION



## Escambia County, Florida - ALS/BLS Medical Protocol

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### Inhalers

The EMT may assist the patient in administering the patients own prescribed inhalers (e.g. Albuterol, Proventil, Ventolin, isoetharine, Alupent, metaproteranol, Bronkosol, Bronkometer, etc.) when the patient is experiencing respiratory distress.

1. [Initial Assessment Protocol 2.1.1.](#)
2. Assure inhaler is prescribed for patient. Check expiration date.
3. If patient is short of breath, has wheezes, and has not administered more than one dose in the last hour, assist the patient in administering inhaler.

### Nitroglycerin

The EMT may assist the patient in administering the patient's own prescribed Nitroglycerin when the patient is experiencing chest pain and the systolic BP is >100 mmHg. The following procedure should be followed:

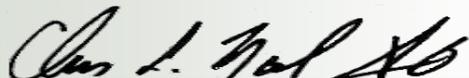
1. [Initial Assessment Protocol 2.1.1.](#)
2. Assure Nitroglycerin is prescribed for patient, and **patient is not taking Viagra or similar drug.** Check expiration date.
3. If patient is having chest pain and systolic BP is  $\geq 100$  mmHg, administer Nitroglycerin by either placing tablet or spray under tongue, one dose.
4. After 3 minutes, if chest pain continues, recheck BP. If systolic BP is  $\geq 100$  mmHg, repeat dose.
5. After 3 minutes, if chest pain continues, recheck BP. If systolic BP is  $\geq 100$  mmHg, repeat dose. Do not repeat dose after third dose is given.



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