



BASIC LIFE SUPPORT (BLS)



Escambia County, Florida - ALS/BLS Medical Protocol

ADULT

Suspected Foreign Body Airway Obstruction (FBAO)

1. If conscious, ask, "Are you choking?"
2. If patient is unable to speak and/or shakes head yes, give abdominal thrusts, (chest thrusts if pregnant or obese).
3. Repeat abdominal thrusts until effective or patient becomes unconscious.

IF PATIENT BECOMES UNCONSCIOUS, CONTINUE TO DIAGRAM BELOW.

Suspected Cardiac and/or Respiratory Arrest

1. Continue to diagram below.

PEDIATRIC (CHILD)

Suspected Foreign Body Airway Obstruction (FBAO)

1. If conscious, ask, "Are you choking?"
2. If patient is unable to speak and/or shakes head yes, give abdominal thrusts.
3. Repeat abdominal thrusts until effective or patient becomes unconscious.

IF PATIENT BECOMES UNCONSCIOUS, CONTINUE TO DIAGRAM BELOW.

Suspected Cardiac and/or Respiratory Arrest

1. Continue to diagram below.



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BASIC LIFE SUPPORT (BLS)



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PEDIATRIC (INFANT)

Suspected Foreign Body Airway Obstruction (FBAO)

- 1 If conscious, determine airway patency.
- 2 If patient is unable to move air or has poor air exchange, give 5 back blows between the shoulder blades and then 5 chest thrusts with patient in a head dependant position.
- 3 Repeat back blows and chest thrusts until effective or patient becomes unconscious.

IF PATIENT BECOMES UNCONSCIOUS, CONTINUE TO DIAGRAM BELOW.

Suspected Cardiac and/or Respiratory Arrest

1. Continue to diagram below.



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Objectives		Actions Adult: 8 years and older Child: 1 to 8 years Infant: less than one year
Airway	Assessment: Determine unresponsiveness.	Adult/Child: Tap or gently shake shoulder. Shout "Are you OK?" Infant: Observe.
	Position the victim.	Turn on back as a unit, supporting head and neck if necessary.
	Open the airway.	Head tilt-chin lift or jaw thrust. Suspected trauma, use jaw thrust.
Breathing	Assessment: Determine breathlessness.	Maintain open airway. Place ear over mouth, observing chest. Look, listen, and feel for breathing.
	If victim is not breathing, give two 1 second breaths.	Maintain open airway. Seal mouth to barrier device and give two breaths. Observe chest rise. Allow lung deflation between breaths.
	If airway is obstructed	a. Reposition victim's head, open airway and re-attempt rescue breaths.
		b. If rescue breaths unsuccessful, advise EMS.
		c. Adult/Child: Give five sub-diaphragmatic abdominal thrusts Infant: Alternate five back blows with five chest thrusts.
d. Adult/Child/Infant: Finger sweep only if you see a foreign body in the airway.		
	If unsuccessful, repeat steps a, c, and d.	



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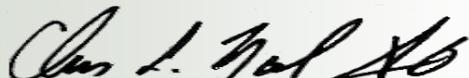
Objectives		Actions
C. Circulation	Assessment: Determine pulselessness.	Adult/Child: Check carotid pulse. Infant: Check brachial pulse.
	Begin chest compressions by checking landmark.	Adult/Child: Lower half of sternum, between nipples. Infant: Just below nipple line (lower half of sternum)
	Compression rate	Adult: 100 per minute. Child: 100 per minute. Infant: 100 per minute.
CPR Cycles	Ration of chest compressions to ventilations	Adult: 30 chest compressions to 2 ventilations. Child/Infant: 30:2 (single rescuer) 15:2 (2 rescuers)
	Number of cycles	Adult: five cycles (about two minutes) Child/Infant: five cycles (about two minutes)
	Reassessment	Adult/Child: Palpate for carotid pulse. If no pulse, resume CPR starting with chest compressions. Infant: Palpate for brachial pulse. If no pulse, resume CPR starting with chest compressions.
Option for Return of Pulse	If no breathing, give rescue breaths.	Adult/Child: One breath every 5 - 6 seconds. Infant: One breath every 3 seconds.



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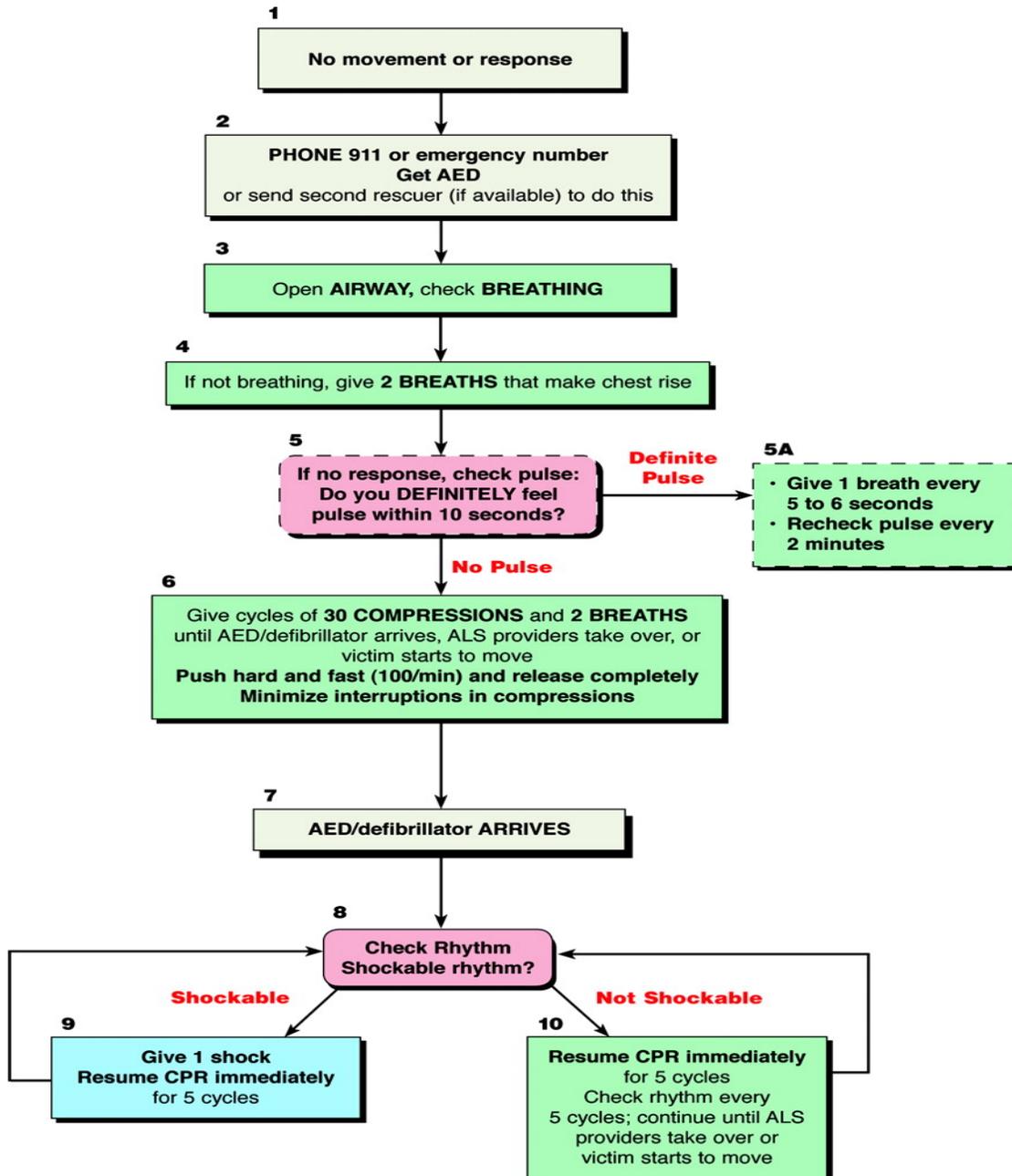


BASIC LIFE SUPPORT (BLS)



Escambia County, Florida - ALS/BLS Medical Protocol

Adult / Child



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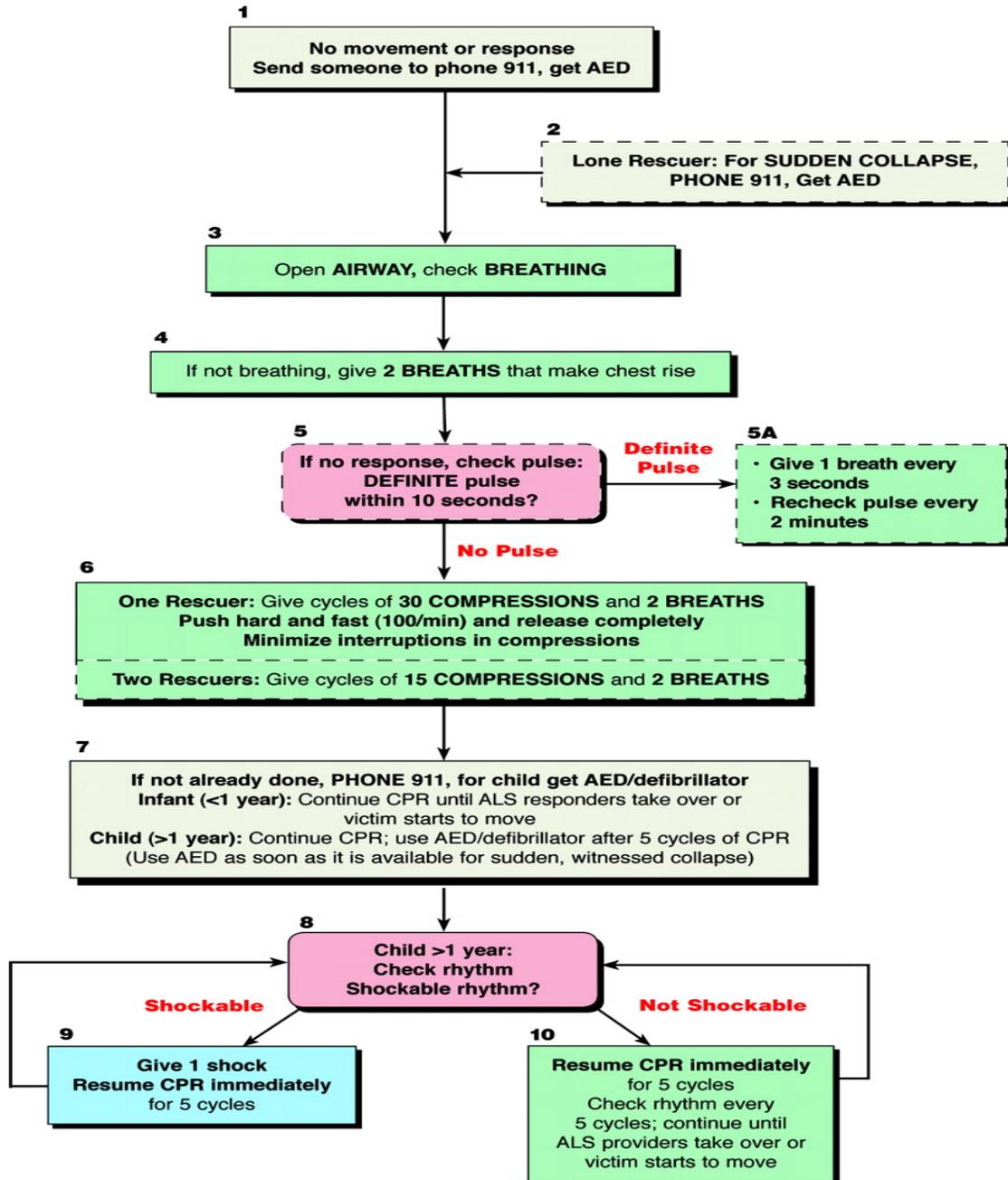


BASIC LIFE SUPPORT (BLS)



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Infant



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