



# NAUSEA / VOMITING



## Escambia County, Florida - ALS/BLS Medical Protocol

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Acute nausea and vomiting may occur from a variety of illness including, but not limited to:

1. Adverse medication effects
2. Bowel obstruction
3. Increased intracranial pressure
4. Intra-abdominal emergencies
5. Myocardial infarction
6. Other cardiac events such as tachydysrhythmias
7. Stomach, GI virus

Attention should be toward identifying potential serious conditions, stabilizing airway and circulation where appropriate and providing pharmacological relief from symptoms of nausea and vomiting.

### Supportive Care

1. [Medical Supportive Care Protocol](#) for patients with significant symptoms.
2. Suction airway as needed.
3. Elevate head of the bed to the position of comfort.

### ALS Level 1

1. Secure an airway. Be prepared to aggressively secure airway to avoid aspiration if patient is unable to protect their own airway from blood and/or emesis.



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2. 500 ml fluid bolus if the patient is hypotensive to achieve a systolic BP greater than 100mmHg.
3. Ondansetron (Zofran) 4 mg undiluted slow IVP over 2 – 5 minutes.

### ALS Level 2 (*Physician authorization required*)

1. Consider need for a NG tube.



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