Your Guide To Eating Fish Caught In Florida

Fish Consumption Advisories are published periodically by the State of Florida to alert consumers about the possibility of chemically contaminated fish in Florida waters. The advisories are meant to inform the public of potential health risks of specific fish species from specific water bodies.

2016

Florida Department of Health

Prepared in cooperation with the Florida Department of Environmental Protection and Agriculture and Consumer Services, and the Florida Fish and Wildlife Conservation Commission

2016 Florida Fish Advisories

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Eat Healthy, Eat Smart

Eating Fish is an important part of a healthy diet.

Rich in vitamins and low in fat, fish contains protein we need for strong bodies. It is also an excellent source of nutrition for proper growth and development. In fact, the American Heart Association recommends that you eat two meals of fish or seafood every week.

At the same time, most Florida seafood has low to medium levels of mercury.

Depending on the age of the fish, the type of fish, and the condition of the water the fish lives in, the levels of mercury found in fish are different.

While mercury in rivers, creeks, ponds, and lakes can build up in some fish to levels that can be harmful, most fish caught in Florida can be eaten without harm.

Florida specific guidelines make eating choices easier.

To lower the risk of harm from mercury found in fish caught in Florida, guidelines based on tests of various freshwater, marine and estuarine water bodies are enclosed.This information should be used by everyone to determine the type and amount of fish to eat or avoid.

Extra guidelines for women and young children.

For most people, the risk of eating fish exposed to mercury is not a health concern. However, developing fetuses and young children are more sensitive to the harmful effects mercury has on the brain than other people. As a result, women of childbearing age and young children should eat less fish than all others to avoid the higher health risks.

Eating fish from commercial, untested or unknown sources.

Some fish you eat may not have been caught from water bodies tested for mercury. In cases where women of childbearing age, and young children do not know if the fish has been tested, or when it has been purchased from a store or restaurant, they should:

- Not eat Shark, Swordfish, King Mackerel, or Tilefish because they contain high levels of mercury.
- Eat up to 12 ounces a week of a variety of fish and shellfish that are lower in mercury. Commonly eaten seafood that are low in mercury include Shrimp, canned Light Tuna, Salmon, Pollock, and Catfish OR
- Only eat one 6 ounce meal per month of Largemouth bass, Bowfin and Gar OR
- Eat up to 6 ounces of Albacore Tuna per week and a second meal of a fish low in mercury, since Albacore ("White Tuna") has more mercury than canned Light Tuna OR
- Eat up to 6 ounces of fish per week from local water bodies not listed in the brochure.

How much fish is considered a meal portion?

A meal is 6 ounces of cooked fish.

How would I determine the maximum amount of fish to eat each month?

Based on recommendations in the charts, the amount of fish eaten from each water body should be added together to figure the maximum amount of fish to eat monthly. Fish from commercial, untested, or unknown sources should also be included when figuring the total amount of fish consumed each month.

Most freshwater fish caught in Florida can be eaten without harm. Bream (such as Bluegill, Redear sunfish, Redbreast sunfish or Spotted sunfish) and marine fish such as Mullet, Snappers, Pompano, Flounder , and Dolphin are generally low in mercury. Review the list of water bodies in this brochure to learn which fish can be consumed regularly and which should be avoided.

AVOID PUFFER OR SUFFER

Do not eat puffer fish caught in the Indian River Lagoon and from waters in Volusia, Brevard, Indian River, St. Lucie and Martin Counties.These include the southern puffer, northern puffer, marbled puffer, bandtail puffer, checkered puffer and least puffer. Eating Puffer fish (also called Blowfish) can cause saxitoxin poisoning which can lead to neurological symptoms such as tingling, burning, numbness, drowsiness, incoherent speech and difficulty breathing. In severe cases, the poisoning can cause death. **Cooking or cleaning the fish will not destroy**

the toxin. This toxin also has no taste, color or smell. If you experience any of the symptoms mentioned, contact your physician or visit the emergency room immediately.

The Florida Fish and Wildlife Conservation Commission prohibits the harvesting of puffer fish from the Indian River Lagoon and all other Florida waters of Brevard, Martin, Indian River,Volusia,and St.Lucie Counties.

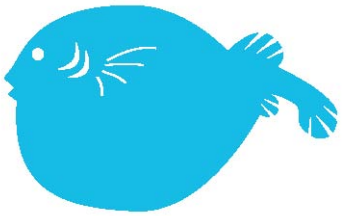

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Aerojet Canal [see Canal C-111]	Miami-Dade			
Alafia River	Hillsborough, Polk	Spotted sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Alapaha River	Hamilton	Spotted bullhead catfish,	One per week	Two per week
		White catfish,		
		Spotted sunfish, Redbreast sunfish,	One per month	Two per week
		Redear sunfish		
		Bluegill, Brown bullhead catfish,	One per month	One per week
		Channel catfish, Largemouth bass		
Alligator Alley (I-75) Canals	Broward	Mayan cichlid	One per week	Two per week
		Butterfly peacock, Redear sunfish	One per month	Two per week
		Bluegill, Oscar, Spotted sunfish	One per month	One per week
		Warmouth, Yellow bullhead catfish,	One per month	One per month
		Largemouth bass less than 14 inches		
		Largemouth bass 14 inches or more	**DO NOT EAT**	One per month
Alligator Lake	Columbia	Bluegill, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass	One per month	Two per week
Alligator Lake	Osceola	Redear sunfish	One per week	Two per week
		Bluegill, Channel catfish	One per month	Two per week
		Black crappie	One per month	One per month
		Largemouth bass	**DO NOT EAT**	One per month
Anclote River	Pasco	Largemouth bass	**DO NOT EAT**	One per month
Apalachicola River [see separate advisory for Lake Seminole]	Calhoun, Franklin, Gadsden, Gulf, Jackson, Liberty	Blue catfish, Channel catfish	Two per week	Two per week
		Bluegill, Redbreast sunfish,	One per week	Two per week
		Redear sunfish, Spotted sunfish		
		Flathead catfish, Largemouth bass, Striped bass	One per month	One per week
Aucilla River	Jefferson, Madison, Taylor	Redbreast sunfish	One per month	Two per week
		Largemouth bass,	One per month	One per month
		Spotted sunfish		
Banana Lake	Polk	Black crappie, Bluegill, Blue tilapia	Two per week	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass	One per week	Two per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Barron River	Collier	Largemouth bass less than 14 inches	One per month	Two per week
		Largemouth bass 14 inches or more	DO NOT EAT	DO NOT EAT
Basin Bayou	Walton	Largemouth Bass	One per month	One per week
Bear Lake Fish Management Area	Santa Rosa	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth Bass	One per month	One per week
Bear Lake	Orange	Redear sunfish	One per week	Two per week
		Bluegill	One per week	One per week
		Largemouth bass	One per month	One per month
Bethel Lake	Volusia	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	Two per week
Big Cypress Preserve	Collier	Warmouth	One per month	One per month
		Largemouth bass less than 14 inches	DO NOT EAT	One per month
		Largemouth bass 14 inches or more	DO NOT EAT	DO NOT EAT
Big Sand Lake (see advisory in Table 3 for lead [Pb])	Orange	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie, Largemouth bass	One per month	One per week
Black Creek (South Fork)	Clay	Bluegill	One per month	Two per week
		Redbreast sunfish	One per month	One per week
		Redear sunfish	One per month	One per week
		Largemouth bass	One per month	One per month
Black Creek Canal (C-1)	Miami-Dade	Bluegill, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Butterfly peacock, Spotted sunfish, Largemouth bass	One per week	Two per week
Blackwater Creek	Lake	White catfish	Two per week	Two per week
		Bluegill, Redbreast sunfish	One per month	Two per week
		Spotted sunfish	One per month	One per week
		Largemouth bass	One per month	One per month
Blackwater River and tributaries (including Alligator Creek, Big Coldwater Creek, Big Juniper Creek, and Sweetwater Creek)	Okaloosa, Santa Rosa	Bluegill	One per week	Two per week
		Longear sunfish, Redear sunfish	One per month	Two per week
		Spotted sunfish		
		Warmouth	One per month	One per week
		Chain pickerel	One per month	One per month
		Largemouth bass, Shadow bass	DO NOT EAT	One per month
Blue Cypress Lake	Indian River	Bluegill, Redear sunfish,	One per week	Two per week
		White catfish	One per month	
		Black crappie, Largemouth bass	One per month	One per month
Bonnet Lake	Polk	Largemouth bass	One per month	Two per week

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LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Brick Lake	Osceola	Bluegill	One per month	One per week
		Warmouth	One per month	One per month
		Largemouth bass	**DO NOT EAT**	One per month
		Chain pickerel	**DO NOT EAT**	**DO NOT EAT**
Buck Lake	Brevard	Redear sunfish	One per week	Two per week
		Bluegill	One per month	One per week
		Largemouth bass	**DO NOT EAT**	One per month
Bulow Creek	Flagler	Bluegill	Two per week	Two per week
Butler Lake Chain (including Lakes Bessie, Butler, Chase, Down, Little Fish, Louise, Palmer, Pocket, Sheen, and Tibet)	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie,	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Bystre Lake	Hernando	Bluegill, Blue tilapia	Two per week	Two per week
		Largemouth bass	One per month	One per week
C-13 Canal	Broward	Bullseye snakehead	One per week	Two per week
C-14 Canal [see Cypress Creek Canal System]	Broward			
C-16 Canal (Boynton Canal)		Bluegill, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Largemouth bass less than 14 inches	One per month	One per week
		Largemouth bass 14 inches or more	**DO NOT EAT**	**DO NOT EAT**
C-17 Canal [see Earman River Canal System]	Palm Beach			
C-44 Canal (St. Lucie Canal)	Martin	Blue tilapia, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Bluegill, Channel catfish, Largemouth bass	One per week	Two per week
C-51 Canal (West Palm Beach Canal)	Palm Beach	Bluegill, Largemouth bass, Mayan cichlid, Redear sunfish	Two per week	Two per week
C-100 Canal [see Cutler Drain Canal System]	Miami-Dade			
C-111 Canal (Aerojet Canal)	Miami-Dade	Redear sunfish	One per week	Two per week
		Bluegill	One per month	Two per week
		Mayan cichlid	One per month	One per week
		Largemouth bass less than 14 inches	One per month	One per week
		Largemouth bass 14 inches or more	**DO NOT EAT**	**DO NOT EAT**
Caloosa Fish Management Area	Palm Beach	Channel catfish, Mayan cichlid	Two per week	Two per week
Caloosahatchee River and tributaries (including Lake Hicpochee)	Glades, Hendry, Lee	Mayan cichlid, Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Largemouth bass	One per month	One per week
Chassahowitzka River	Citrus	Largemouth bass	One per month	One per month

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LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Cherry Lake	Lake	Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Bluegill	Two per week	Two per week
		Brown bullhead catfish	One per month	One per week
		Largemouth bass	One per month	One per month
Cherry Lake	Madison	Black crappie	One per week	Two per week
		Bluegill	One per week	One per week
		Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per month
Chipola River and tributaries (including Juniper Creek and Dead Lakes)	Calhoun, Gulf, Jackson	Bluegill, Spotted bullhead catfish	One per week	Two per week
		Redear sunfish, Spotted sunfish, Redbreast sunfish	One per month	Two per week
		Largemouth bass,	One per month	One per week
		Shadow bass		
Choctawhatchee River and tributaries	Bay, Holmes, Walton, Washington	Bluegill, Redear sunfish	One per week	Two per week
		Redbreast sunfish,	One per month	One per week
		Spotted sunfish, Warmouth,		
		Flathead Catfish		
		Largemouth bass	One per month	One per month
Clear Lake	Orange	Redear sunfish	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Colt Creek	Polk	Bluegill	Two per week	Two per week
		Redear sunfish		
		Largemouth bass	One per week	Two per week
Compass Lake	Jackson	Largemouth bass	One per month	One per month
Conway Chain (Lake Conway, Little Lake Conway)	Orange	Bluegill, Brown bullhead catfish, Redear sunfish, Warmouth	Two per week	Two per week
		Chain pickerel	One per month	Two per week
		Largemouth bass	One per month	One per week
Corbett WMA-all ponds on property	Palm Beach	Redear sunfish	One per week	Two per week
		Bluegill	One per month	Two per week
		Warmouth, Largemouth bass	One per month	One per week
Cowpen Lake	Putnam	Bluegill, Redear sunfish	One per month	One per week
		Largemouth bass	**DO NOT EAT**	One per month
Crescent Lake/Dunns Creek	Flagler, Putnam	Redbreast sunfish, White catfish	Two per week	Two per week
		Bluegill, Channel catfish		
		Largemouth bass,	One per month	One per week
		Black crappie		
Crescent Lake	Escambia	Redear sunfish	One per month	Two per week
		Chain pickerel	**DO NOT EAT**	One per month
		Largemouth bass	**DO NOT EAT**	**DO NOT EAT**

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LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Crooked Lake	Polk	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per month
Crooked River	Franklin	Bluegill	One per week	Two per week
		Spotted sunfish	One per month	One per week
		Largemouth bass	**DO NOT EAT**	One per month
Crystal River	Citrus	Largemouth bass	One per month	One per week
Cue Lake	Putnam	Largemouth bass	One per month	One per month
Cutler Drain Canal (C-100) System	Miami-Dade	Redear sunfish	Two per week	Two per week
Cypress Creek Canal (C-14) System	Broward	Bluegill	Two per week	Two per week
		Redear sunfish	One per week	Two per week
		Bullseye snakehead	One per month	Two per week
		Largemouth bass less than 14 inches	One per month	Two per week
Dead Lake	Flagler	Bluegill, White catfish, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	One per week
Dead Lakes [see Chipola River and tributaries]	Calhoun, Gulf, Jackson			
Deerpoint Reservoir	Bay	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Dinners Lake	Highlands	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Doctors Lake	Clay	Redbreast sunfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Red drum	Two per week	Two per week
		Largemouth bass	One per week	Two per week
		White catfish	One per week	One per week
Double Pond	Holmes	Largemouth bass	One per month	One per week
E-4 Canal System (Lake Ida, Lake Osborne, Canals)	Broward, Palm Beach	Bluegill, Redear sunfish, Mayan cichlid	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Eagle Lake FMA	Hamilton	Bluegill	One per week	Two per week
		Largemouth bass, Sunshine bass	One per month	One per week
Eagle Lake	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Earman River Canal (C-17) System	Palm Beach	Bluegill, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Largemouth bass more than 14 inches	One per month	One per week
East Lake Tohopekaliga	Osceola	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie,	One per month	One per week
		Chain pickerel, Warmouth		
		Largemouth bass	One per month	One per month

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LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Econfina Creek	Bay, Washington	Spotted sunfish	One per month	Two per week
Econfina River	Taylor	Redbreast sunfish,	One per month	One per week
		Spotted sunfish		
		Largemouth bass	One per month	One per month
Econlockhatchee River	Orange, Seminole	White catfish	Two per week	Two per week
		Redbreast sunfish	One per month	Two per week
		Largemouth bass	One per month	One per month
Emeralda Marsh WMA, Areas 2, 3 and 4 (see also Ocklawaha Lake Chain listing)	Lake, Orange	Black crappie, Bluegill, Brown bullhead catfish, Redbreast sunfish, Redear sunfish	Two per week	Two per week
		Warmouth, Largemouth bass	One per week	Two per week
Equaloxic Creek	Liberty	Bluegill, Redear sunfish	One per month	Two per week
		Largemouth bass	**DO NOT EAT**	One per month
Escambia River and tributaries [see advisory in Table 3 for PCBs]	Escambia, Santa Rosa	Longear sunfish,	One per week	Two per week
		Bluegill,	One per month	Two per week
		Redear sunfish,	One per month	One per week
		Largemouth bass,	One per month	One per month
		Warmouth	One per month	One per month
Everglades National Park: All drainages (coming out of Big Cypress National Preserve) North and West of Shark Slough to Park boundary (includes Broad River, Rogers River, Lostmans River, New River, Turner River, Halfway Creek, and Barron River)	Monroe	Common snook, Red drum, Largemouth bass less than 14 inches	One per month	One per week
		Gray snapper	One per month	Two per week
		Largemouth bass more than 14 inches	**DO NOT EAT**	One per month
Everglades National Park: Shark River Slough south of Tamiami Trail, including Harney and Shark Rivers and Tarpon Bay and its tributaries (Squawk, Rookery, North Prong, & Otter Creeks)	Miami-Dade, Monroe	Redear sunfish, Gray snapper	One per month	Two per week
		Bluegill, Spotted sunfish	One per month	One per week
		Mayan cichlid	One per month	One per month
		Common snook, Red drum, Largemouth bass less than 14 inches, Yellow bullhead catfish	**DO NOT EAT**	One per month
		Largemouth bass 14 inches or more	**DO NOT EAT**	One per month
Evers Reservoir/Ward Lake	Manatee	Bluegill	One per month	Two per week
		Largemouth bass	One per week	Two per week
Faka Union Canal	Collier	Redear sunfish	Two per week	Two per week
		Warmouth, Mayan cichlid	One per month	Two per week
		Bluegill, Spotted sunfish	One per month	One per week
		Largemouth bass	One per month	One per month
Farm 13 Reservoir (including Stick Marsh)	Indian River	Bluegill, Redear sunfish, Black crappie, Redbreast sunfish, White catfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Fenholloway River	Taylor	Spotted sunfish	Two per week	Two per week

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Fisheating Creek	Glades, Highlands	Bluegill	One per month	One per week
		Blue tilapia	One per week	Two per week
		White catfish	One per month	One per week
		Largemouth bass	**DO NOT EAT**	**DO NOT EAT**
Floral City Pool of the Tsala Apopka Chain of Lakes (Hampton, Tussock, and Floral City Lakes)	Citrus	Bluegill	One per month	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Fox/South Lakes	Brevard	Brown bullhead catfish, Channel catfish, White catfish	Two per week	Two per week
		Redear sunfish, Bluegill		
		Black crappie, Warmouth, Chain pickerel	One per week	Two per week
		Largemouth bass	One per month	Two per week
Gadsden Park, Tampa	Hillsborough	Bluegill	One per week	One per week
		Largemouth bass	**DO NOT EAT**	One per month
Gap Lake	Washington	Black crappie	One per month	One per month
		Largemouth bass	**DO NOT EAT**	One per month
Georges Lake	Putnam	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie, Warmouth	One per month	One per week
		Largemouth bass	One per month	One per month
Grasshopper Lake	Marion	Bluegill	One per month	One per week
		Warmouth	One per month	One per month
		Largemouth bass	**DO NOT EAT**	**DO NOT EAT**
Grassy Lake	Highlands	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass	**DO NOT EAT**	One per month
Haines Creek	Lake	White catfish	Two per week	Two per week
Halfmoon Lake	Marion	Bluegill	Two per week	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Hardee Lakes FMA	Hardee	Black crappie, Bluegill	Two per week	Two per week
		Largemouth bass, Redear sunfish		
		Channel catfish	One per week	One per week
Harold Campbell Park (L-5 Canal)	Palm Beach	Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
Henderson Lake	Citrus	Bluegill	Two per week	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Hernando Pool of the Tsala Apopka Chain of Lakes (Bellamy, Dodd, Todd, Croft, Van Ness and Hernando Lakes)	Citrus	Bluegill	One per month	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week

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LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Higginbotham Lake	Putnam	Largemouth bass	**DO NOT EAT**	**DO NOT EAT**
Hillsboro Canal	Palm Beach	Bluegill, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Bullseye snakehead	One per week	Two per week
		Largemouth bass more than 14 inches	One per month	Two per week
Hillsborough River and tributaries	Hillsborough	Redbreast sunfish	One per week	Two per week
		Bluegill	One per month	Two per week
		Redear sunfish, Spotted sunfish, Warmouth	One per month	One per week
		Largemouth bass	**DO NOT EAT**	One per month
Holeyland WMA	Palm Beach	Bluegill, Mayan Cichlid,	One per month	One per week
		Redear sunfish		
		Largemouth bass less than 14 inches	One per month	One per week
		Largemouth bass 14 inches or more	**DO NOT EAT**	One per month
Holly Chain of Lakes (Including Lake Ella, Lake Holly, and connected small ponds)	Lake	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie, Chain pickerel, Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per month
Holmes Creek	Washington	Choctaw bass	One per month	One per month
		Largemouth bass	One per month	One per month
Homosassa River	Citrus	Gray snapper	One per week	Two per week
		Bluegill	One per month	Two per week
		Largemouth bass	One per month	One per month
Huguenot Pond	Duval	Bluegill	Two per week	Two per week
Hungryland (WEA) Canal	Palm Beach	Largemouth bass	**DO NOT EAT**	**DO NOT EAT**
Hunters Lake	Hernando	Redear sunfish	Two per week	Two per week
		Largemouth bass	**DO NOT EAT**	One per month
		Black crappie	**DO NOT EAT**	**DO NOT EAT**
Hurricane Lake (FMA)	Okaloosa	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Inverness Pool of the Tsala Apopka Chain of Lakes (Henderson, Big Henderson, Tsala Apopka, Spivey, and Davis Lakes)	Citrus	Bluegill	One per month	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Ichetucknee River	Suwanee	Spotted sunfish	One per week	Two per week
Jacks Lake	Lake	Largemouth bass	One per month	One per month
Joe Budd Pond	Leon	Bluegill, Channel catfish, Sunshine bass	Two per week	Two per week
Johns Lake	Lake	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
		Black crappie, Largemouth bass	One per month	One per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Juniper Creek	Calhoun	Bluegill, Redbreast sunfish, Spotted sunfish	One per week	Two per week
		Redear sunfish, Spotted bullhead catfish,	One per month	Two per week
		Shadow bass, Largemouth bass	One per month	One per week
Juniper Lake	Walton	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass	**DO NOT EAT**	One per month
Juniper Run	Marion	Bluegill, Redear sunfish	Two per week	Two per week
		Redbreast sunfish	One per week	Two per week
		Spotted sunfish	One per month	Two per week
		Largemouth bass	One per month	One per week
Karick Lake FMA	Okaloosa	Bluegill, Brown bullhead catfish, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Kenansville Lake	Brevard	Black crappie, Bluegill, Redear sunfish, White catfish, Brown bullhead catfish, Warmouth	Two per week	Two per week
Kissimmee River (Pool A)	Osceola	Bluegill, Channel catfish, Redear sunfish, White catfish	One per week	Two per week
		Spotted sunfish	One per month	Two per week
		Largemouth bass	One per month	One per month
Kissimmee River System (all Pools except A)	Highlands, Okeechobee, Osceola, Polk	Black crappie, Bluegill, Channel catfish, Redbreast sunfish, Redear sunfish	One per week	Two per week
		Spotted sunfish, White catfish	One per month	Two per week
		Largemouth bass	One per month	One per month
Koch Property	Sarasota	Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	Two per week
Krome Avenue Canal (L-30)	Miami-Dade	Bluegill, Mayan cichlid, Redear sunfish	One per month	One per week
		Largemouth bass less than 14 inches	**DO NOT EAT**	One per month
		Largemouth bass 14 inches or more	**DO NOT EAT**	**DO NOT EAT**
L-7 Canal	Palm Beach	Bluegill, Redear sunfish	One per week	Two per week
		Mayan cichlid, Largemouth bass less than 14 inches	One per month	Two per week
		Warmouth, Largemouth bass greater than 14 inches	One per month	One per week
L-8 Canal	Palm Beach	Bluegill, Channel catfish, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Largemouth bass less than 14 inches	One per week	Two per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
L-30 Canal (see Krome Avenue Canal)	Miami-Dade			
L-31W Canal	Miami-Dade	Bluegill, Mayan cichlid	One per month	One per week
		Redear sunfish	One per week	Two per week
		Largemouth bass less than 14 inches	One per month	One per week
		Largemouth bass 14 inches or more	DO NOT EAT	DO NOT EAT
L-35A Canal	Broward	Bluegill, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Bullseye snakehead	One per week	Two per week
		Largemouth bass	One per month	One per week
L-35B Canal	Broward	Mayan cichlid	One per week	Two per week
		Bluegill, Redear sunfish	One per month	Two per week
		Spotted sunfish, Butterfly peacock, Largemouth bass less than 14 inches	One per month	One per week
		Warmouth	One per month	One per month
		Largemouth bass 14 inches or more	DO NOT EAT	One per month
L36 North Canal	Palm Beach	Bullseye snakehead	One per week	Two per week
L-38E Canal	Broward	Mayan cichlid	One per week	Two per week
		Bluegill, Redear sunfish	One per month	Two per week
		Spotted sunfish, Butterfly peacock, Largemouth bass less than 14 inches	One per month	One per week
		Warmouth	One per month	One per month
		Largemouth bass 14 inches or more	DO NOT EAT	One per month
L-38W Canal	Broward	Mayan cichlid	One per week	Two per week
		Butterfly peacock, Redear sunfish	One per month	Two per week
		Bluegill, Spotted sunfish, Oscar	One per month	One per week
		Warmouth, Yellow bullhead catfish, Largemouth bass less than 14 inches,	One per month	One per month
		Largemouth bass 14 inches or more	DO NOT EAT	One per month
L-39 Canal	Palm Beach	Largemouth bass 14 inches or more	One per month	One per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
L-40 Canal	Palm Beach	Bluegill, Redear sunfish	One per week	Two per week
		Mayan cichlid, Largemouth bass less than 14 inches	One per month	Two per week
		Warmouth, Largemouth bass 14 inches or more	One per month	One per week
L-67A Canal	Broward	Mayan cichlid	One per week	Two per week
		Butterfly peacock, Redear sunfish	One per month	Two per week
		Bluegill, Spotted sunfish, Oscar	One per month	One per week
		Warmouth, Yellow bullhead catfish, Largemouth bass less than 14 inches,	One per month	One per month
		Largemouth bass 14 inches or more	**DO NOT EAT**	One per month
Lake Agnes	Polk	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Lake Alfred	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Lake Alto	Alachua	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per month
Lake Annie	Highlands	Largemouth bass	**DO NOT EAT**	**DO NOT EAT**
Lake Apopka [see pesticide advisory separately in Table 3] The most conservative advisory is given here regarding both mercury and pesticides	Lake, Orange	Redbreast sunfish, Redear sunfish, Sunshine bass	Two per week	Two per week
		Black crappie, Bluegill Warmouth Largemouth bass	One per week	Two per week
		Brown bullhead catfish	One per month	One per week
Lake Apthorpe	Highlands	Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per month
Lake Arbuckle	Polk	Bluegill, White catfish	One per month	Two per week
		Redear sunfish	One per week	Two per week
		Warmouth	One per month	Two per week
		Black crappie	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Ariana	Polk	Bluegill, Chain pickerel, Redear sunfish	Two per week	Two per week
		Black crappie, Largemouth bass	One per week	Two per week
Lake Ashby	Volusia	Bluegill	One per week	Two per week
		Redear sunfish	One per month	Two per week
		Largemouth bass	One per month	One per month
Lake Avalon	Collier	Largemouth bass	One per week	Two per week
Lake Baldwin	Orange	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per week	Two per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Beauclair	Lake	Black crappie, Bluegill, Brown bullhead catfish, Redear sunfish,	Two per week	Two per week
		Redbreast sunfish		
		Warmouth, Largemouth bass	One per week	Two per week
Lake Berry	Orange	Bluegill, Redbreast sunfish,	Two per week	Two per week
		Redear sunfish, Warmouth		
		Largemouth bass	One per week	Two per week
		Black crappie	One per month	One per week
Lake Bessie	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie,	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Bradford	Leon	Bluegill	One per month	Two per week
Lake Broward	Putnam	Largemouth bass	One per month	One per month
Lake Bryant	Marion	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie		
		Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per week
Lake Buffum	Polk	Channel catfish	Two per week	Two per week
		Bluegill, Redear sunfish, Brown bullhead catfish, Warmouth, White catfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass	One per month	One per week
Lake Butler	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Butler	Union	Redear sunfish	Two per week	Two per week
		Black crappie, Bluegill	One per week	Two per week
Lake Cannon	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Carlton	Lake	Bluegill, Black crappie,	Two per week	Two per week
		Brown bullhead catfish, Redear		
		sunfish, Redbreast sunfish		
		Warmouth, Largemouth bass	One per week	Two per week
Lake Catherine	Marion	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Warmouth	One per month	One per week
		Largemouth bass	**DO NOT EAT**	One per month
Lake Charlotte	Highlands	Largemouth bass	**DO NOT EAT**	One per month
Lake Charles	Marion	Bluegill, Redear sunfish	One per month	Two per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Chase	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie,	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Clinch	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Conine	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Conway	Orange	Bluegill, Redear sunfish, Brown bullhead catfish, Warmouth	Two per week	Two per week
		Chain pickerel	One per month	Two per week
		Largemouth bass	One per month	One per week
Lake Crosby	Bradford	Bluegill , Redear sunfish	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per month
Lake Cypress	Osceola	Bluegill, Redear sunfish	Two per week	Two per week
		Chain pickerel,	One per month	One per week
		Largemouth bass		
Lake Dalhousie	Lake	Bluegill, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Daugharty	Volusia	Bluegill	One per week	Two per week
		Redear sunfish, Warmouth	One per month	One per week
		Black crappie	One per month	One per month
		Largemouth bass	**DO NOT EAT**	One per month
Lake Deaton	Sumter	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Delancy	Marion	Bluegill	One per week	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass	One per month	One per month
Lake Delevoe	Broward	Redear sunfish	One per week	One per week
		Bluegill, Largemouth bass	One per month	One per week
Lake Dexter	Polk	Brown bullhead catfish, Redear sunfish, White catfish	Two per week	Two per week
		Black crappie, Bluegill	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per week
		Yellow bullhead catfish		
Lake Dias	Volusia	Bluegill, Redear sunfish, Black crappie	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Disston	Flagler	Bluegill	One per month	One per week
		Redear sunfish		
		Black crappie, Warmouth		
		Largemouth bass	**DO NOT EAT**	One per month

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Dora	Lake	Black crappie, Bluegill, Brown bullhead catfish, Redear sunfish, Redbreast sunfish	Two per week	Two per week
		Warmouth, Largemouth bass	One per week	Two per week
Lake Dorr	Lake	Bluegill	One per week	Two per week
		Redear sunfish	Two per week	Two per week
		Black crappie	One per month	One per week
		Largemouth bass, Chain pickerel	One per month	One per month
Lake Down	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Eaton	Marion	Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Warmouth	One per month	Two per week
		Black crappie,	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Eldorado	Lake	Largemouth bass	**DO NOT EAT**	One per month
Lake Ella	Lake	Bluegill, Redear sunfish	One per week	Two per week
		Chain pickerel, Black crappie	One per month	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per month
Lake Ellen	Wakulla	Black crappie	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Eloise	Polk	Bluegill, Redear sunfish, Blue tilapia, Brown bullhead catfish, Warmouth, White catfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Emma	Lake	Bluegill, Redear sunfish	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Estelle	Orange	Largemouth bass	One per month	One per week
Lake Eustis	Lake	Black crappie, Bluegill, Brown bullhead catfish, Redear sunfish, Redbreast sunfish	Two per week	Two per week
		Warmouth, Largemouth bass	One per week	Two per week
Lake Eva	Polk	Bluegill, Black crappie, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Lake Fairview	Orange	Bluegill, Redear sunfish, Black crappie	Two per week	Two per week
		Largemouth bass	One per week	Two per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Francis	Highlands	Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per month
Lake Frederica	Orange	Largemouth bass	**DO NOT EAT**	One per month
Lake Garfield	Polk	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Lake Gentry	Osceola	Redear sunfish	One per week	Two per week
		Black crappie, Bluegill, Warmouth	One per month	One per week
		Chain pickerel, Largemouth bass	**DO NOT EAT**	One per month
Lake George	Lake, Marion, Putnam, Volusia	Bluegill, Redear sunfish, Spotted sunfish, Brown bullhead catfish, Striped bass, Channel catfish, White catfish	Two per week	Two per week
		Black crappie, Warmouth Redbreast sunfish,	One per week	Two per week
		Spotted sunfish, Largemouth bass	One per month	Two per week
Lake Glenada	Highlands	Largemouth bass	One per month	One per week
Lake Glona	Lake	Largemouth bass	**DO NOT EAT**	One per month
Lake Griffin	Lake	Black crappie, Bluegill, Brown bullhead catfish, Redbreast sunfish, Redear sunfish	Two per week	Two per week
		Warmouth, Largemouth bass	One per week	Two per week
Lake Haines	Polk	Bluegill, Redear sunfish, Blue tilapia, Brown bullhead catfish, Warmouth, White catfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Hamilton	Polk	Bluegill, Redear sunfish, Blue tilapia, Brown bullhead catfish, Warmouth, White catfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Hampton	Bradford	Redear sunfish	One per week	Two per week
		Bluegill	One per month	One per week
		Chain pickerel, Black crappie	One per month	One per month
		Largemouth bass	**DO NOT EAT**	One per month
Lake Hancock	Polk	Blue tilapia Bluegill Brown bullhead catfish	Two per week	Two per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Harney	Seminole, Volusia	Brown bullhead catfish, Channel catfish, White catfish, Redbreast sunfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass	One per month	One per week
Lake Harris	Lake	Black crappie, Bluegill, Redear sunfish, Redbreast sunfish,	Two per week	Two per week
		Brown bullhead catfish		
		Sunshine bass	One per month	Two per week
		Warmouth, Largemouth bass	One per week	Two per week
Lake Hart	Orange	Bluegill, Redear sunfish	One per month	One per week
		Black crappie, Largemouth bass	**DO NOT EAT**	One per month
Lake Hartridge	Polk	Bluegill, Redear sunfish, Blue tilapia, Brown bullhead catfish, Warmouth, White catfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Hatchineha	Osceola	Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Black crappie	One per month	One per week
		Largemouth bass	One per month	One per week
Lake Hellen Blazes	Brevard	Brown bullhead catfish, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	One per week
		Largemouth bass	One per month	One per week
Lake Hicpochee	Glades	Largemouth bass	One per month	One per week
Lake Holly	Lake	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie, Chain pickerel, Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per month
Lake Howard	Polk	Bluegill, Redear sunfish, Blue tilapia, Brown bullhead catfish, Warmouth, White catfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Huntley	Highlands	Bluegill, Redear sunfish	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per month
Lake Iamonia	Leon	Bluegill, Redear sunfish, Black crappie	One per week	Two per week
		Brown bullhead catfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Ida [see E-4 Canal System]	Broward, Palm Beach			

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Idylwild	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black Crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Istokpoga	Highlands	Bluegill, Redear sunfish, Warmouth	One per week	Two per week
		White catfish	One per month	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass less than 15 inches	One per month	One per week
		Largemouth bass 24 inches or more	**DO NOT EAT**	One per month
Lake Ivanhoe	Orange	Bluegill, Brown bullhead catfish, Redbreast sunfish, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Lake Jackson	Highlands	Bluegill	Two per week	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Lake Jackson	Leon	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Jackson	Walton	Warmouth	One per month	Two per week
		Largemouth bass	**DO NOT EAT**	One per month
Lake Jessie	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black Crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Jesup	Seminole	Bluegill, Redear sunfish Black crappie, White catfish	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Lake Joanna	Lake	Largemouth bass	One per month	One per month
Lake Josephine	Highlands	Bluegill , Redear sunfish	One per week	Two per week
		Black crappie	One per month	One per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Juliana	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie, Largemouth bass	One per week	Two per week
Lake June-in-Winter	Highlands	Largemouth bass	**DO NOT EAT**	One per month
Lake Kerr	Marion	Bluegill	One per week	Two per week
		Chain pickerel	One per month	One per week
		Black crappie, Redear sunfish	One per month	Two per week
		Largemouth bass less than 15 inches, Warmouth	One per month	One per week
		Largemouth bass 24 inches or more	**DO NOT EAT**	One per month

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Kissimmee	Osceola, Polk	Brown bullhead catfish, Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass	One per month	One per week
Lake Lancaster	Orange	Largemouth bass	One per month	One per week
Lake Lillian	Highlands	Largemouth bass	One per month	One per month
Lake Livingston	Polk	Warmouth, Redear sunfish	One per week	Two per week
		Bluegill, Black crappie	One per month	Two per week
		Largemouth bass	One per month	One per week
Lake Lochloosa	Alachua	Black crappie, Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass less than 15 inches	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass 24 inches or more	One per month	One per week
Lake Lotela	Highlands	Bluegill	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Louisa	Lake	Brown bullhead catfish, Redear sunfish	One per month	Two per week
		White catfish,	One per month	One per week
		Bluegill, Channel catfish	One per month	One per month
		Largemouth bass Yellow bullhead catfish	**DO NOT EAT**	One per month
Lake Louise	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Lowery	Polk	Largemouth bass	One per month	One per week
Lake Lucien	Orange	Largemouth bass	One per month	One per month
Lake Lucy	Lake	Bluegill, Redear sunfish	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Lulu	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black Crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Maitland	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass	One per week	Two per week
		Black crappie	One per month	One per week
Lake Manatee	Manatee	Bluegill, Channel catfish, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Mann	Orange	Black crappie, Bluegill	Two per week	Two per week
		Largemouth bass	One per week	Two per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Margaret	Putnam	Bluegill, Redear sunfish	One per month	One per week
		Largemouth bass	**DO NOT EAT**	**DO NOT EAT**
Lake Marian	Osceola	Bluegill, White catfish	Two per week	Two per week
		Brown bullhead catfish		
		Redear sunfish		
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Marion	Polk	Bluegill	Two per week	Two per week
		Black crappie, Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per week
Lake Mary	Marion	Bluegill	One per month	One per week
		Warmouth	One per month	One per month
Lake Mary Jane	Orange	Bluegill, Redear sunfish	One per month	One per week
		Black crappie, Largemouth bass	**DO NOT EAT**	One per month
Lake Mattie	Polk	Black crappie	Two per week	Two per week
		Largemouth bass	One per month	Two per week
Lake McLeod	Polk	Blue tilapia, Brown bullhead catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Lake Medard (Edward Medard Reservoir)	HIllsborough	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Lake Miccosukee	Jefferson, Leon	Bluegill,	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Minnehaha	Lake	Bluegill	One per month	One per week
		Channel catfish, Redear sunfish	One per week	Two per week
		Yellow bullhead catfish	One per month	One per month
		Largemouth bass	One per month	One per month
Lake Minnehaha	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass, Black crappie	One per week	Two per week
Lake Minneola	Lake	Bluegill, Redear sunfish, Channel catfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Lake Miona	Sumter	Redear sunfish	One per week	Two per week
		Bluegill	One per month	Two per week
		Largemouth bass	One per month	Two per week
Lake Mirror	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black Crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Mizell	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass	One per week	Two per week
		Black crappie	One per month	One per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Monroe	Seminole, Volusia	Bluegill, Brown bullhead catfish, Striped bass, White catfish, Channel catfish	Two per week	Two per week
		Redear sunfish, Black crappie,	One per week	Two per week
		Redbreast sunfish		
		Spotted sunfish	One per month	Two per week
		Warmouth	One per month	One per week
		Largemouth bass		
Lake Munson (See Table 3 for PCBs advisory)	Leon	Brown bullhead catfish, Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per week	Two per week
		Black crappie	One per month	One per week
Lake Myrtle	Polk	Largemouth bass	One per month	One per month
Lake Norris	Lake	Redear sunfish	One per month	Two per week
		Bluegill	One per month	Two per week
		Warmouth	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Octahatchee	Hamilton	Bluegill	One per month	One per week
		Largemouth bass	DO NOT EAT	DO NOT EAT
Lake Okahumpka	Sumter	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	One per week
Lake Okeechobee and Rim Canals	Glades, Hendry, Martin, Okeechobee, Palm Beach	Brown bullhead catfish, Channel catfish, Redear sunfish, Mayan cichlid	Two per week	Two per week
		Black crappie, Bluegill, White catfish	One per week	Two per week
		Largemouth bass less than 13 inches	One per month	One per week
		Largemouth bass 18 inches or more	One per month	One per month
Lake Olivia	Highlands	Largemouth bass	DO NOT EAT	One per month
Lake Osborne [see E-4 Canal System]	Broward, Palm Beach			
Lake Osceola	Orange	Bluegill, Redbreast sunfish,	Two per week	Two per week
		Redear sunfish, Warmouth		
		Largemouth bass,	One per week	Two per week
		Black crappie	One per month	One per week
Lake Palmer	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie,	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Panasoffkee	Sumter	Redear sunfish,	Two per week	Two per week
		Bluegill, Brown bullhead catfish		
		Black crappie	One per month	Two per week
		Largemouth bass	One per month	One per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Parker	Polk	Black crappie	Two per week	Two per week
		Bluegill		
		Brown bullhead catfish		
		Redear sunfish		
		Largemouth bass		
Lake Pasadena	Pasco	Redear sunfish	Two per week	Two per week
		Bluegill,	One per week	Two per week
		Largemouth bass	One per month	One per week
Lake Pierce	Polk	Bluegill, Redear sunfish, Black crappie	Two per week	Two per week
		Warmouth	One per week	Two per week
		Chain pickerel	One per month	Two per week
		Largemouth bass	One per month	One per week
Lake Placid	Highlands	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	One per week
		Largemouth bass	**DO NOT EAT**	One per month
Lake Poinsett	Brevard, Orange, Osceola	Brown bullhead catfish, Channel catfish, White catfish, Redbreast sunfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Largemouth bass	One per month	One per week
Lake Ponte Vedra	St. Johns	Red drum	Two per week	Two per week
Lake Renfroe (St. Marks Wildlife Refuge)	Wakulla	Largemouth bass	One per month	One per month
Lake Rochelle	Polk	Bluegill, Redear sunfish,	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Rousseau	Citrus	Bluegill, Redear sunfish, Brown bullhead catfish, Warmouth	Two per week	Two per week
		Black crappie	One per week	Two per week
		Chain pickerel,		
		Largemouth bass	One per month	One per week
Lake Rowell	Bradford	Redear sunfish, Bluegill	Two per week	Two per week
		Warmouth, Chain pickerel,	One per week	Two per week
		Largemouth bass	One per month	One per week
Lake Roy	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Russell	Osceola	Bluegill, Redear sunfish	One per month	One per week
		Largemouth bass,	One per month	One per month
		Black crappie	**DO NOT EAT**	One per month
Lake Sampson	Bradford	Redear sunfish	Two per week	Two per week
		Bluegill, Warmouth	One per week	Two per week
		Chain pickerel, Largemouth bass	One per month	One per week
		Black crappie	One per month	One per month

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Santa Fe	Alachua	Redear sunfish, Bluegill	Two per week	Two per week
		Largemouth bass	One per month	One per month
Lake Sawgrass	Brevard	Brown bullhead catfish, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Black crappie, Largemouth bass	One per month	One per week
Lake Sebring	Highlands	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Seminole (Jim Woodruff Reservoir)	Jackson	Bluegill, Redear sunfish, Black crappie, Brown bullhead catfish	Two per week	Two per week
		Black crappie, Largemouth bass	One per month	Two per week
Lake Seminole	Pinellas	Bluegill, Channel catfish, Redear sunfish	Two per week	Two per week
		Largemouth bass		
Lake Shangri-La	Hillsborough	Largemouth bass	One per month	One per week
Lake Sheen	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Shipp	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Smart	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie, Largemouth bass	One per week	Two per week
Lake Stone FMA	Escambia	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Sue	Orange	Bluegill, Redbreast sunfish,	Two per week	Two per week
		Redear sunfish, Warmouth		
		Largemouth bass,	One per week	Two per week
		Black crappie	One per month	One per week
Lake Summit	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Sylvan	Seminole	Largemouth bass	**DO NOT EAT**	One per month
Lake Talquin	Gadsden, Leon	Bluegill, Black crappie, Brown bullhead catfish, Redbreast sunfish, Redear sunfish, Spotted bullhead catfish	Two per week	Two per week
		Largemouth bass	One per month	One per month
Lake Tarpon	Pinellas	Bluegill, Redear sunfish, Black crappie	One per week	Two per week
		Largemouth bass	One per month	One per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Thonotosassa	Hillsborough	Black crappie, Bluegill, Channel catfish, Redear sunfish, Brown bullhead catfish	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Lake Tibet	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Lake Tohopekaliga	Orange, Osceola	Brown bullhead catfish, Bluegill, Redear sunfish	Two per week	Two per week
		Chain pickerel	One per month	One per week
		Black crappie, Largemouth bass	One per month	One per week
Lake Tom John	Leon	Largemouth bass	One per month	One per week
Lake Tracy	Polk	Bluegill, Redear sunfish, Brown bullhead catfish	Two per week	Two per week
		Largemouth bass	One per month	Two per week
Lake Trafford	Collier	Bluegill, Redear sunfish, Mayan cichlid	One per week	Two per week
		Black crappie, Warmouth	One per week	Two per week
		Largemouth bass less than 14 inches	One per month	Two per week
		Largemouth bass 14 inches or more	One per month	One per week
Lake Tsala Apopka	Citrus	Bluegill	Two per week	Two per week
		Largemouth bass	One per month	One per week
Lake Victor	Holmes	Bluegill, Redear sunfish, Brown bullhead catfish	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Lake Virginia	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass	One per week	Two per week
		Black crappie	One per month	One per week
Lake Wales	Polk	Largemouth bass	One per week	Two per week
Lake Walk-in-Water (Weohyakapka)	Polk	Redear sunfish	Two per week	Two per week
		Bluegill	One per week	Two per week
		Black crappie, Largemouth bass less than 15 inches	One per month	One per week
		Largemouth bass 24 inches or more	**DO NOT EAT**	**DO NOT EAT**
Lake Washington	Brevard	Brown bullhead catfish, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass, Black crappie	One per month	One per week
Lake Wauberg	Alachua	Bluegill, Redear sunfish, Brown bullhead catfish	Two per week	Two per week
		Largemouth bass	Two per week	Two per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Lake Weir	Marion	Bluegill, Redear sunfish	One per week	Two per week
		Warmouth	One per month	Two per week
		Black crappie, Chain pickerel, Largemouth bass	One per month	One per week
Lake Wilson	Hillsborough	Largemouth bass	**DO NOT EAT**	One per month
Lake Winder	Brevard, Osceola	Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass,	One per month	One per week
		Black crappie		
Lake Winterset	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass		
Lakes Woodruff System (including Lakes Dexter, Woodruff, and Spring Garden Lake)	Lake, Volusia	Brown bullhead catfish, Channel catfish, White catfish	Two per week	Two per week
		Black crappie, Bluegill	One per week	Two per week
		Warmouth		
		Largemouth bass	One per month	One per week
Lake Yale	Lake	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	Two per week	Two per week
		Largemouth bass	One per month	One per week
Little Econlockhatchee River	Orange, Seminole	Redbreast sunfish, Redear sunfish, Bluegill	One per week	Two per week
		Spotted sunfish, Largemouth bass	One per month	One per week
Little Fish Lake	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Little Manatee River	Hillsborough	Bluegill	One per week	Two per week
		Redear sunfish, Spotted		
		sunfish		
		Largemouth bass	One per month	Two per week
Little Orange Lake	Alachua	Redear sunfish	One per week	Two per week
		Bluegill	Two per week	Two per week
		Largemouth bass	One per month	One per week
Little River	Gadsden	Spotted sunfish	One per month	Two per week
Little Shark River	Monroe	Gray snapper	Two per week	Two per week
Loughman Lake	Brevard	Bluegill	One per week	Two per week
		Black crappie	One per month	One per week
		Largemouth bass	One per month	One per week
Lowry Lake	Clay	Bluegill	One per week	Two per week
		Largemouth bass	One per month	One per month

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Loxahatchee National Wildlife Refuge (Including the L-7 and L-40 Canals)	Palm Beach	Bluegill, Redear sunfish	One per week	Two per week
		Mayan cichlid, Largemouth bass less than 14 inches	One per month	Two per week
		Largemouth bass 14 inches or more, Warmouth	One per month	One per week
Loxahatchee Slough Canal (C-18)	Palm Beach	Bluegill	One per week	Two per week
		Redear sunfish	One per month	Two per week
		Largemouth bass	DO NOT EAT	One per month
Magnolia Lake	Clay	Bluegill	One per week	Two per week
		Largemouth bass	DO NOT EAT	One per month
Martin Lake	Bay	Largemouth bass	One per month	Two per week
Medard Reservoir	Hillsborough	Bluegill, Channel catfish, Redear sunfish	Two per week	Two per week
Meritt's Mill Pond	Jackson	Bluegill, Largemouth bass, Redear sunfish	Two per week	Two per week
Miami Canal (East of WCA 3)	Dade	Bluegill, Butterfly peacock, Mayan cichlid	Two per week	Two per week
		Largemouth bass	One per week	Two per week
Middle Lake	Pasco	Bluegill	One per week	One per week
		Largemouth bass	One per month	One per week
Milldam Lake	Marion	Bluegill, Redear sunfish, Warmouth	One per week	Two per week
		Black crappie, Largemouth bass	One per month	One per week
Montgomery Lake	Columbia	Bluegill, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass	One per month	Two per week
Moore Lake	Leon	Largemouth bass	One per month	One per month
Mosaic FMA-all lakes on property	Polk	Bluegill, Channel catfish, Redear sunfish, Largemouth bass	Two per week	Two per week
		Black crappie	One per month	One per week
Myakka River	Charlotte, Manatee, Sarasota	Redear sunfish, Blue tilapia	Two per week	Two per week
		Bluegill, Warmouth, White catfish	One per week	Two per week
		Largemouth bass,	One per month	Two per week
		Spotted sunfish	One per month	One per week
Mystic Lake	Liberty	Largemouth bass	One per month	One per month
Nassau River	Nassau	Bluegill, Redear sunfish, White catfish	One per month	Two per week
		Redbreast sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
New River	Franklin, Liberty	Spotted sunfish	One per month	One per week
New River, North Fork	Broward	Black mullet, Blue tilapia, Common snook, Spotted tilapia	Two per week	Two per week
		Big mouth sleeper, Mayan cichlid	One per week	Two per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Newnans Lake	Alachua	Black crappie, Bluegill, Brown bullhead catfish	One per week	Two per week
		Largemouth bass	One per month	One per month
Nine Mile Pond (Everglades National Park)	Miami-Dade	Mayan cichlid	One per month	One per week
		Largemouth bass less than 14 inches	One per month	One per month
North New River Canal (G-15)	Broward	Bluegill, Bullseye snakehead, Mayan cichlid, Redear sunfish, Spotted tilapia	Two per week	Two per week
		Largemouth bass less than 14 inches	Two per week	Two per week
Ocean Canal	Palm Beach	Largemouth bass	Two per week	Two per week
Ocean Pond	Baker	Bluegill	One per month	Two per week
		Redear sunfish	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass, Black crappie	**DO NOT EAT**	One per month
Oceanway Pond FMA	Duval	Bluegill	Two per week	Two per week
Ocheesee Pond	Jackson	Bluegill	One per week	Two per week
		Largemouth bass	One per month	One per month
Ochlockonee River and tributaries (see separate advisory for Lake Talquin)	Franklin, Gadsden, Leon, Liberty, Wakulla	Bluegill, Redbreast sunfish	One per month	One per week
		Channel catfish, Spotted sunfish, Striped bass, Warmouth		
		Flathead catfish, Redear sunfish	One per month	One per month
		Largemouth bass	**DO NOT EAT**	One per month
Ochlockonee River north of US 90 bridge	Gadsden, Leon	Bluegill, Redbreast sunfish, Redear sunfish, Spotted sunfish, Warmouth	One per month	One per week
		Black crappie	One per month	One per month
		Flathead catfish, Largemouth bass	**DO NOT EAT**	One per month
Ocklawaha (Harris) Lake Chain (including Lakes Apopka, Beauclair, Carlton, Dora, Eustis, Griffin, and Harris and connected waters of Emeralda Marsh Conservation Areas 2, 3, and 4)	Lake, Orange	Black crappie, Bluegill, Brown bullhead catfish, Redbreast sunfish, Redear sunfish	Two per week	Two per week
		Sunshine bass	One per month	Two per week
		Warmouth, Largemouth bass	One per week	Two per week
Ocklawaha River and tributaries (including Rodman Reservoir)	Lake, Marion, Putnam	Blue tilapia, Brown bullhead catfish, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish, Redbreast sunfish	One per week	Two per week
		Warmouth	One per month	Two per week
		Chain pickerel, Spotted sunfish	One per month	One per week
		Largemouth bass	**DO NOT EAT**	One per month
Okeeheelee FMA	Palm Beach	Bluegill, Redear sunfish	Two per week	Two per week
Old Everglades Pump Road Canal	Palm Beach	Bullseye snakehead	Two per week	Two per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Orange Lake	Alachua	Bluegill, Brown bullhead catfish, Redear sunfish, Black crappie	Two per week	Two per week
		Largemouth bass less than 15 inches	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass 24 inches or more	One per month	One per week
Otter Creek	Levy	Redbreast sunfish	One per week	Two per week
		White catfish	One per month	One per week
		Spotted sunfish	One per month	Two per week
Otter Creek (see Table 3 for arsenic advisory)	Bay	Largemouth bass	**DO NOT EAT**	**DO NOT EAT**
Otter Lake	Wakulla	Largemouth bass	One per month	One per month
Palestine Lake	Union	Bluegill	One per month	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Palm Beach (E1WN) Canal	Palm Beach	Bullseye snakehead	One per week	Two per week
Palm Lake FMA	St. Lucie	Bluegill, Redear sunfish, Black crappie	Two per week	Two per week
		Channel catfish	One per month	Two per week
		Largemouth bass	One per month	One per week
Pate Lake	Washington	Bluegill	**DO NOT EAT**	One per month
		Largemouth Bass	**DO NOT EAT**	**DO NOT EAT**
Peace River and tributaries	Charlotte, Desoto, Hardee, Polk	Channel catfish, Brown bullhead catfish, Spotted sunfish	One per week	Two per week
		Bluegill, Redear sunfish, Warmouth, Yellow bullhead catfish, White catfish	One per month	Two per week
		Largemouth bass	One per month	One per week
Pellicer Creek	St. Johns	Bluegill, Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per week
Perdido River and tributaries	Escambia	Bluegill, Redear sunfish,	One per month	Two per week
		Spotted sunfish,		
		Largemouth bass	One per month	One per month
Pine Meadows Conservation Area (see Table 3 for arsenic and pesticides advisories)	Lake			
Piney Z Lake	Leon	Redear sunfish, Warmouth	Two per week	Two per week
		Bluegill, Brown bullhead catfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Plantation Heritage Pond	Broward	Bluegill, Mayan cichlid	Two per week	Two per week
Pocket Lake	Orange	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie	One per month	Two per week
		Chain pickerel	One per month	One per week
		Largemouth bass	One per month	One per month
Pope Duval Pond (FMA)	Duval	Bluegill	One per week	Two per week

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LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Porter Lake	Washington	Bluegill	One per week	Two per week
		Warmouth	**DO NOT EAT**	One per month
		Largemouth bass	**DO NOT EAT**	**DO NOT EAT**
Puzzle Lake	Seminole, Volusia	Brown bullhead catfish, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Black crappie, Largemouth bass	One per month	One per week
Red Beach Lake	Highlands	Bluegill, Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per month
Red Bug Slough	Sarasota	Blue tilapia, Bluegill, Redear sunfish, Largemouth bass	Two per week	Two per week
Reedy Lake	Polk	Black crappie, Bluegill, Redear sunfish, Largemouth bass	Two per week	Two per week
Rodman Reservoir	Putnam	Brown bullhead catfish, Bluegill, Redear sunfish	Two per week	Two per week
		Redbreast sunfish	One per week	Two per week
		Spotted sunfish	One per month	Two per week
		Largemouth bass	One per month	One per week
Sand Hammock Pond	Holmes	Largemouth bass	One per month	One per week
Santa Fe River (Lower-downstream of "rise")	Alachua, Columbia, Gilchrist, Suwannee	Bluegill, Channel catfish, Redear sunfish, Redbreast sunfish	One per week	Two per week
		Spotted sunfish, Spotted bullhead catfish	One per month	Two per week
		Brown bullhead catfish	One per month	One per week
		Largemouth bass	One per month	One per week
Santa Fe River (Upper-upstream of "sink")	Alachua, Bradford, Columbia, Union	Bluegill	One per week	Two per week
		Spotted sunfish	One per month	Two per week
		Black crappie, Channel catfish, Redbreast sunfish, Redear sunfish, Warmouth	One per month	One per week
		Largemouth bass	One per month	One per month
Sebastian River	Indian River	Bluegill, Blue tilapia, Gray snapper	Two per week	Two per week
		Largemouth bass	One per month	Two per week
Shell Creek	Charlotte	Bluegill, Redear sunfish	One per week	Two per week
Shoal River	Okaloosa, Santa Rosa	Longear sunfish	One per week	Two per week
		Bluegill, Spotted sunfish	One per month	Two per week
		Chain pickerel, Redear sunfish, Warmouth	One per month	One per week
		Largemouth bass	One per month	One per month
Six Mile Creek	Hillsborough	Spotted sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Smith Lake	Marion	Largemouth bass	**DO NOT EAT**	One per month

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Snake Creek Canal (C-9)	Palm Beach	Bluegill, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Largemouth bass less than 14 inches, Swamp eel	One per week	Two per week
Sopchoppy River	Wakulla	Largemouth bass	DO NOT EAT	One per month
South New River Canal	Broward	Bluegill, Butterfly peacock, Mayan cichlid, Redear sunfish	Two per week	Two per week
		Largemouth bass less than 14 inches	Two per week	Two per week
Spring Lake	Seminole	Brown bullhead catfish, Redear sunfish, White catfish	Two per week	Two per week
		Black crappie, Bluegill	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass, Yellow bullhead catfish	One per month	One per week
St. Augustine FMA	Duval	Largemouth bass	One per week	Two per week
St. Augustine Road Pond	Duval	Bluegill	Two per week	Two per week
St. Johns River North of SR 415 including Lakes George and Monroe (Lower River)	Clay, Flagler, Lake, Marion, Putnam, Seminole, St. Johns, Volusia	Bluegill, Redear sunfish, Spotted sunfish, Brown bullhead catfish, Striped bass, Channel catfish, White catfish	Two per week	Two per week
		Black crappie, Warmouth, Redbreast sunfish,	One per week	Two per week
		Spotted sunfish, Largemouth bass	One per month	Two per week
St. Johns River South of SR 415, including Lakes Harney, Puzzle, Poinsett, Winder, Washington, Sawgrass & Hellen Blazes (Upper River)	Brevard, Orange, Osceola, Seminole, Volusia	Brown bullhead catfish, Channel catfish, White catfish	Two per week	Two per week
		Bluegill, Redear sunfish	One per week	Two per week
		Black crappie, Largemouth bass	One per month	One per week
St. Marks River (St Marks Wildlife Refuge)	Leon, Wakulla	Bluegill, Redbreast sunfish, Spotted sunfish, Striped mullet	Two per week	Two per week
		Redear sunfish	One per week	Two per week
		Black crappie, Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per week
St. Mary's River and tributaries	Baker, Nassau	Bluegill, Redear sunfish, Redbreast sunfish, Spotted sunfish	One per month	One per week
		White catfish	One per month	One per month
		Largemouth bass	DO NOT EAT	One per month
Starke Lake	Orange	Bluegill	Two per week	Two per week
		Largemouth bass	One per month	Two per week
Steinhatchee River	Dixie, Lafayette, Taylor	Spotted sunfish, Redbreast sunfish, Redear sunfish	One per month	One per week
		Largemouth bass	DO NOT EAT	One per month

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Suwannee Lake	Suwannee	Bluegill	Two per week	Two per week
		Largemouth bass	One per month	One per week
Suwannee River System (Including Alapaha, Suwannee, and Withlacoochee Rivers) (see separate advisory for Santa Fe River)	Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Madison, Suwanne, Union	Spotted bullhead catfish, White catfish	One per week	Two per week
		Redbreast sunfish, Redear sunfish, Spotted sunfish	One per month	Two per week
		Bluegill, Brown bullhead catfish, Channel catfish, Largemouth bass	One per month	One per week
		Black crappie	One per month	One per month
Sweet Water Creek	Calhoun, Liberty	Largemouth bass	**DO NOT EAT**	One per month
Swift Creek Pond	Union	Bluegill, Black crappie, Warmouth, Flier	One per month	One per week
		Largemouth bass	**DO NOT EAT**	One per month
Tamiami Canal- within WCA 3	Miami-Dade	Mayan cichlid	One per week	Two per week
		Butterfly peacock	One per month	Two per week
		Bluegill, Oscar, Redear sunfish, Spotted sunfish	One per month	One per week
		Largemouth bass less than 14 inches, Warmouth, Yellow bullhead catfish	One per month	One per month
		Largemouth bass 14 inches or more	**DO NOT EAT**	One per month
Tamiami Canal-West (Big Cypress to Naples)	Collier	Largemouth bass	One per month	One per week
		Mayan cichlid	One per month	One per month
Tampa-Bypass Canal	Hillsborough	Bluegill, Redbreast sunfish	Two per week	Two per week
		Redear sunfish, Spotted sunfish	One per week	Two per week
		Largemouth bass	One per month	One per month
Taylor Creek	Okeechobee	Largemouth bass	One per month	One per week
Telogia Creek	Liberty	Spotted sunfish	One per month	One per week
		Largemouth bass	One per month	One per month
Tenoroc FMA including: Lake 2, Lake 5, Lake A, Lake B, Derby Lake, Hydrilla Lake, Legs Lake, Picnic Lake, and Shop Lake	Polk	Bluegill, Blue talapia, Redear sunfish, Brown bullhead catfish, Channel catfish, Largemouth bass	Two per week	Two per week
		Black crappie	One per week	Two per week
Tiger Lake	Polk	Bluegill, Redear sunfish	One per week	Two per week
		Black crappie, Largemouth bass	One per month	One per week
Tiger Tail Lake	Broward	Bullseye snakehead	One per week	Two per week
Tomoka River	Volusia	Bluegill, Gray snapper, Redbreast sunfish, Redear sunfish, Spotted sunfish	One per week	Two per week
		Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per week
Tropical Park FMA	Miami-Dade	Bluegill, Spotted tilapia	Two per week	Two per week
		Redear sunfish	One per week	Two per week
Trout Lake	Lake	Largemouth bass	One per month	One per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Tsala Apopka Chain of Lakes	Citrus	Bluegill	One per month	Two per week
		Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Turkey Lake	Orange	Black crappie	One per week	Two per week
Turner River Canal	Collier	Largemouth bass	**DO NOT EAT**	One per month
Waccasassa River and tributaries (including Otter Creek and Wekiva River)	Levy	Redbreast sunfish	One per week	Two per week
		Spotted sunfish	One per month	Two per week
		White catfish	One per month	One per week
		Largemouth bass	One per month	One per month
Wacissa River	Jefferson	Spotted sunfish, Warmouth, Largemouth bass	One per week	Two per week
Wakulla River	Wakulla	Bluegill, Redear sunfish	Two per week	Two per week
		Redbreast sunfish, Spotted sunfish	One per week	Two per week
		Black crappie, Warmouth	One per month	Two per week
		Largemouth bass	One per month	One per week
Walsingham Lake	Pinellas	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	One per week
Watertown Lake	Columbia	Bluegill, Redear sunfish	Two per week	Two per week
		Largemouth bass	One per month	Two per week
WCA2A (Including the L-35B and L-38E Canals)	Broward, Palm Beach	Mayan cichlid	One per week	Two per week
		Bluegill, Redear sunfish,	One per month	Two per week
		Butterfly peacock	One per month	One per week
		Spotted sunfish,		
		Largemouth bass less		
		than 14 inches		
		Largemouth bass 14 inches or more	**DO NOT EAT**	One per month
WCA2B	Broward	Bluegill, Largemouth bass	One per week	Two per week
		less than 14 inches,		
		Spotted sunfish, Warmouth	One per month	One per week
		Redear sunfish	One per week	Two per week
		Butterfly peacok	One per month	Two per week
		Mayan cichlid,	One per month	One per week
		Yellow bullhead catfish		
		Largemouth bass 14 inches or more	**DO NOT EAT**	**DO NOT EAT**

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
WCA3A (Including Alligator Alley Canals, Tamiami Canal, L-38W Canal, and L-67 Canal)	Broward, Miami-Dade	Mayan cichlid	One per week	Two per week
		Butterfly peacock, Redear sunfish	One per month	Two per week
		Bluegill, Oscar, Spotted sunfish	One per month	One per week
		Largemouth bass less than 14 inches, Warmouth, Yellow bullhead catfish	One per month	One per month
		Largemouth bass 14 inches or more	DO NOT EAT	One per month
WCA3B (including L-67C and Miami Canals)	Broward, Miami-Dade	Bluegill	One per month	Two per week
		Mayan cichlid	One per month	One per week
Webb Lake	Charlotte	Redear sunfish, Nile tilapia	Two per week	Two per week
		Bluegill	One per month	Two per week
		Largemouth bass	One per month	One per week
Weeki Wachee River	Hernando	Bluegill	Two per week	Two per week
		Spotted sunfish, Redear sunfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Wekiva River (Seminole County)	Seminole	Bluegill, Redbreast sunfish, Redear sunfish	Two per week	Two per week
		Spotted sunfish, Yellow bullhead catfish	One per week	Two per week
		Largemouth bass	One per month	One per week
Wekiva River (St. Johns River tributary)	Lake, Orange	Bluegill, Redear sunfish, Warmouth	One per week	Two per week
		Redbreast sunfish, Spotted sunfish	One per month	Two per week
		Largemouth bass	One per month	One per week
Wekiva River (Waccasassa River tributary)	Levy	Redbreast sunfish	One per week	Two per week
		White catfish	One per month	One per week
		Spotted sunfish	One per month	Two per week
West Palm Beach Canal (C-51 Canal)	Palm Beach	Bluegill, Mayan cichlid, Redear sunfish, Largemouth bass less than 14 inches	Two per week	Two per week
Wildcat Lake	Lake	Bluegill	One per month	One per week
		Warmouth	DO NOT EAT	One per month
Winter Haven Lake Chain (Including Lakes Cannon, Conine, Eloise, Hartridge, Howard, Idylwild, Jessie, Lulu, Mirror, Rochelle, Roy, Shipp,	Polk	Bluegill, Redear sunfish	Two per week	Two per week
		Black crappie	One per week	Two per week
		Largemouth bass	One per month	Two per week
Winter Park Lake Chain (Including Lakes Berry, Maitland, Minnehaha, Mizell, Osceola, Sue, and Virginia)	Orange	Bluegill, Redbreast sunfish, Redear sunfish, Warmouth	Two per week	Two per week
		Largemouth bass	One per week	Two per week
		Black crappie	One per month	One per week

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

LOCATION	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS*	All other individuals NUMBER OF MEALS*
Withlacoochee River North (Suwannee tributary)	Hamilton, Madison	Spotted bullhead catfish, White catfish	One per week	Two per week
		Redbreast sunfish, Redear sunfish, Spotted sunfish	One per month	Two per week
		Bluegill, Brown bullhead catfish, Channel catfish, Largemouth bass	One per month	One per week
Withlacoochee River South	Citrus, Hernando, Levy, Marion, Pasco, Polk, Sumter	Bluegill, Redear sunfish	Two per week	Two per week
		Spotted sunfish, Redbreast sunfish	One per month	Two per week
		Largemouth bass	One per month	One per week
Wolf Lake	Highlands	Bluegill	One per month	Two per week
Woodbine Spring Lake	Santa Rosa	Channel catfish	One per month	Two per week
		Bluegill, Redear sunfish	One per month	One per week
		Largemouth bass	**DO NOT EAT**	**DO NOT EAT**
Yellow River and tributaries	Escambia, Okaloosa, Santa Rosa	Longear sunfish	One per week	Two per week
		Bluegill, Spotted sunfish	One per month	Two per week
		Chain pickerel, Redear sunfish, Warmouth	One per month	One per week
		Largemouth bass,	One per month	One per month

Table 2: **Eating Guidelines for Marine and Estuarine Fish from Florida Waters**

Water Body	Species	Women of childbearing age, young children Number of Meals	All other individuals Number of Meals
All coastal waters	Almaco jack	One per month	One per month
All coastal waters	Atlantic croaker	Two per week	Two per week
All coastal waters	Atlantic spadefish	One per week	One per week
All coastal waters	Atlantic stingray	One per month	One per week
All coastal waters	Atlantic thread herring	One per week	Two per week
All coastal waters	Atlantic weakfish	One per week	Two per week
All coastal waters	Black drum	One per week	Two per week
All coastal waters	Black grouper	One per month	One per week
All coastal waters	Blackfin tuna	DO NOT EAT	One per month
All coastal waters	Bluefish	One per month	One per week
All coastal waters	Bluntnose sting ray	One per week	Two per week
All coastal waters	Bonefish	One per month	One per week
Florida Bay, Biscayne Bay, and Florida Keys	Crevalle jack	DO NOT EAT	One per month
Remaining coastal waters	Crevalle jack	One per month	One per week
All coastal waters	Cobia	DO NOT EAT	One per month
All coastal waters	Dolphin	One per week	Two per week
All coastal waters	Fantail mullet	Two per week	Two per week
All coastal waters	Florida pompano	One per week	Two per week
All coastal waters	Gafftopsail catfish	One per month	One per week
All coastal waters	Gag	One per month	One per week
Florida Bay, Biscayne Bay, and Florida Keys	Gray snapper	One per month	Two per week
Remaining coastal waters	Gray snapper	One per week	Two per week
All coastal waters	Greater amberjack	One per month	One per week
Florida Bay, Biscayne Bay, and Florida Keys	Great barracuda	DO NOT EAT	One per month
Remaining coastal waters	Great barracuda	One per month	Two per week
All coastal waters	Gulf flounder	One per month	One per week
All coastal waters	Hardhead catfish	One per week	Two per week
All coastal waters	Hogfish	One per week	Two per week
All coastal waters	King mackerel less than 31 inches fork length	DO NOT EAT	One per month
All coastal waters	King mackerel 31 or more inches fork length	DO NOT EAT	DO NOT EAT
All coastal waters	Ladyfish	One per month	One per week
All coastal waters	Lane snapper	One per month	Two per week
All coastal waters	Little tunny	DO NOT EAT	One per month
All coastal waters	Lookdown	One per week	Two per week
All coastal waters	Mutton snapper	One per month	One per week
All coastal waters	Pigfish	One per week	Two per week

Table 2: **Eating Guidelines for Marine and Estuarine Fish from Florida Waters**

Water Body	Species	Women of childbearing age, young children Number of Meals	All other individuals Number of Meals
All coastal waters	Pinfish	One per week	Two per week
Florida Bay, Biscayne Bay, and Florida Keys	Red drum	One per month	One per week
Remaining coastal waters	Red drum	One per month	Two per week
All coastal waters	Red grouper	One per month	One per week
All coastal waters	Red snapper	One per week	Two per week
All coastal waters	Sand seatrout	One per month	One per week
All coastal waters	Scamp	One per month	One per week
All coastal waters	Shark, all species less than 43 inches	DO NOT EAT	One per month
All coastal waters	Shark, all species 43 inches or more	DO NOT EAT	DO NOT EAT
All coastal waters	Sheepshead	One per month	Two per week
All coastal waters	Silver perch	One per month	One per week
All coastal waters	Skipjack tuna	One per month	Two per week
Florida Bay, Biscayne Bay, and Florida Keys	Snook	One per month	One per month
Remaining coastal waters	Snook	One per month	One per week
All coastal waters	Snowy grouper	One per month	One per month
All coastal waters	Southern flounder	One per week	Two per week
All coastal waters	Spanish mackerel	One per month	One per week
All coastal waters	Spot	One per week	Two per week
Florida Bay, Biscayne Bay, and Florida Keys	Spotted seatrout	One per month	One per month
Remaining coastal waters	Spotted seatrout	One per month	One per week
All coastal waters	Southern kingfish	One per month	Two per week
All coastal waters	Striped mullet	Two per week	Two per week
All coastal waters	Striped mojarra	Two per week	Two per week
All coastal waters	Tarpon	One per week	Two per week
Florida Bay, Biscayne Bay, and Florida Keys	Tripletail	One per month	One per week
Remaining coastal waters	Tripletail	One per month	Two per week
All coastal waters	Vermillion snapper	One per week	Two per week
All coastal waters	Wahoo	One per month	One per week
All coastal waters	White grunt	One per month	One per week
All coastal waters	White mullet	Two per week	Two per week
All coastal waters	Yellow-edge grouper	One per month	Two per week
All coastal waters	Yellowfin tuna	One per month	Two per week
All coastal waters	Yellowtail Snapper	One per week	Two per week

Table 3. **Fish Consumption Advisories for dioxin, PCBs, pesticides, heavy metals, and saxitoxin**

WATER BODY	CONTAMINANT	COUNTY	SPECIES	WOMEN OF CHILDBEARING AGE, YOUNG CHILDREN	ALL OTHER INDIVIDUALS
Big Sand Lake	Lead (Pb)	Orange	mussels, crayfish, bluegill livers (grass shrimp and dragonfly larvae also showed elevated Pb levels)	DO NOT EAT	DO NOT EAT
Escambia River south of SR 184 to mouth of river	PCBs	Santa Rosa Escambia	Striped mullet (prepared without skin)	ONE MEAL PER WEEK	ONE MEAL PER WEEK
Escambia Bay; Upper and Lower	PCBs	Santa Rosa Escambia	Striped mullet (prepared without skin)	ONE MEAL PER WEEK	ONE MEAL PER WEEK
Lake Apopka	Pesticides	Orange Lake	Black crappie	ONE MEAL PER WEEK	TWO MEALS PER WEEK
			Bluegill	ONE MEAL PER WEEK	TWO MEALS PER WEEK
			Blue tilapia	ONE MEAL PER WEEK	TWO MEALS PER WEEK
			Brown bullhead catfish	ONE MEAL PER MONTH	ONE MEAL PER WEEK
			Largemouth bass	ONE MEAL PER WEEK	TWO MEALS PER WEEK
Lake Munson	PCBs	Leon	Largemouth bass 19 inches or more	ONE MEAL PER MONTH	ONE MEAL PER MONTH
Oriskany Reef	PCBs	Escambia	Bank seabass	DO NOT EAT	TWO MEALS PER WEEK
			Scamp grouper	DO NOT EAT	ONE MEAL PER MONTH
Otter Creek	Arsenic (As)	Bay	Bluegill	ONE MEAL PER MONTH	ONE MEAL PER MONTH
Pine Meadows Conservation Area	Arsenic, pesticides	Lake	Bluegill, Yellow bullhead catfish, Hoplo catfish, Largemouth bass	TWO MEALS PER WEEK	TWO MEALS PER WEEK
Wagner Creek	Dioxin	Miami-Dade	Checker puffer fish or Striped mojarra	DO NOT EAT	DO NOT EAT
Indian River Lagoon & all marine waters of the listed counties	Saxitoxin	Brevard St. Lucie Martin Volusia	All puffer fish	DO NOT EAT	DO NOT EAT