



CENTER FOR PREVENTION AND TREATMENT OF INFECTIONS

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COMPREHENSIVE SERVICES

Infectious Diseases Consultation

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Travelers Health Services

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Dear Employee:

Our primary goal is your protection from the transmission of infectious diseases in the workplace. You are all aware of the risk of transmission of infection via blood and body fluids, especially Hepatitis C Virus (HCV), Hepatitis B Virus (HBV) and Human Immunodeficiency Virus (HIV). You have been instructed in the practice of Standard (Universal) Precautions. In addition, you are provided safe engineering controls in your work place which are aimed at the prevention of bloodborne infections. Despite these safeguards, there may be times when you become exposed to blood or body fluids through percutaneous (penetration of the skin), mucous membrane (eyes, nose, or mouth) or compromised skin (rash, chapped) exposure. Since postexposure prophylaxis with antiretrovirals, has been shown to decrease infection with HIV, preventive treatment with antiretroviral medications may be advised on some occasions.

You are provided a **Blood Exposure Hotline** in order to assure you immediate information on the risk of your exposure and make decisions regarding recommendations for treatment. This service is available to you **24 hours a day**.

You have been provided information to allow you to make the decision of whether or not your exposure warrants a call to the **Blood Exposure Hotline**.

To access the **Blood Exposure Hotline**, call **476-4441**. You will be contacted by the Healthcare Professional on call. Be prepared to give the details of the accident. You will be given information on the risk involved, what you should do immediately and what you should do for follow-up.

Your employer provides this program to you for your safety and protection. Please use it!

Sincerely,

Barbara H. Wade, MD

March, 1993
Revised: June 1994
Revised: June 1996
Reviewed: April 1997
Reviewed: Dec 1997
Revised: Dec 1998

Blood Exposure Hotline

476-4441

What is the Blood Exposure Hotline ??

1. The Blood Exposure Hotline is a service that provides immediate access to the on call healthcare professional (HCP) who will provide the exposed person counseling, information regarding the risk of the exposure and make decisions regarding recommendations for treatment and follow-up management.
 2. The Hotline operates 24 hours a day 7 days a week.
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Call the Blood Exposure Hotline: *Immediately after an Exposure:*

1. **Dial: 476-4441** Inform the operator that you have had a blood exposure and need to speak to the ICS professional on call. It will be necessary to give your name and phone number where you can be contacted.
 2. Repeat entire process if you do not receive a call back within 10 minutes.
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What Then!!!

1. The HCP will ask you the details surrounding the exposure incident including information you may know about the source of blood.
 2. The HCP will:
 - a. Counsel you regarding the risk of the exposure.
 - b. Advise you regarding immediate treatment.
 - c. Tell you what further steps to take.
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General Information:

1. Your employer provides this program to you for your safety and protection. The call should be made immediately following the exposure.
 2. Call the Hotline even when you think your exposure is of low to no risk for acquiring HIV infection.
 3. Let us assess the risk severity of the exposure and determine the appropriate follow-up management. Input that co-workers provide about your exposure is not always accurate.
 4. We need to hear from you, not a co-worker. The co-worker does not know all the details surrounding the exposure nor can they make decisions for you regarding postexposure prophylaxis and follow-up management.
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