

## **Important Information:**

#### What is Coronavirus?

Coronavirus Disease 2019 (also known as COVID-19) is a respiratory illness that can spread from person to person.

#### What are the symptoms?

- Fever
- Cough
- Shortness of breath

### How is it spread?

- Contact with someone with the virus who is sneezing and/or coughing
- Indirect contact from contaminated hands and objects soiled with nasal and throat secretions, such as tissues

For more information regarding Coronavirus, please visit:

- Centers for Disease Control: https://www.cdc.gov/coronavirus/2019-ncov/index.html
- Florida Department of Health: http://www.floridahealth.gov/diseases-and-conditions/COVID-19/

# Help prevent the spread of respiratory viruses such as Coronavirus

- Stay home when you are sick
- Cover your cough or sneeze with a tissue, then discard in trash
- Avoid close contact with people who are sick
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Wash your hands often with soap and water for at least 20 seconds
- Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water is not available
- Clean and disinfect frequently touched objects and surfaces











If you have any questions or concerns, please contact your health care provider or the Florida Department of Health in Escambia County at 850-595-6500.