FREE MENTAL and BEHAVIORAL HEALTH SERVICES Are NOW AVAILABLE in NORTHWEST FLORIDA Virtual Talk Telehealth Talk Therapy for You!

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ADHC is offering free therapy visits with licensed therapists for individuals in as few as 72 hours through Integrated Psych Solutions (IPS). Your virtual visit will be by live video at your convenience. IPS Therapists can treat Depression, Anxiety & Stress, Trauma & Grief, Anger, Sleep, Chronic Illness, Job-Related Stress, Motivation Issues, and more...

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ADHC's telehealth therapy services are provided by Integrated Psych Solutions. Sponsored by the State of Florida and DCF.





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