

Meet the Staff

Escambia Employee & Family Health Center



**Dr. David
Espenscheid**
Doctor of Medicine

David Espenscheid is the medical director of the Escambia Employee & Family Health Center. Dr. Espenscheid is trained and Board Certified in both Family Medicine and Addiction Medicine. He has been at the helm of the Escambia Employee & Family Health Center since its inception.

As the center continues to mature, Dr. Espenscheid feels it is important to expand its capabilities to include an emphasis on wellness and life style changes as well as recognizing and treating Behavioral Health issues such as Depression, Anxiety and PTSD.



**Cynthia
Thomson**
Physician Assistant

Cynthia graduated from Shenandoah University in Winchester, VA with her Master of Physician Assistant Studies and has been working in healthcare for over 12 years. She is grateful every day for the trust her patients put in her, and she loves helping them achieve weight loss goals, find the right specialist, understand how they can make small changes to see results, and more. She takes the time to get to know her patients and form relationships with them so they can obtain the healthy quality of life they want. Cynthia enjoys traveling, gardening, a good book, and spending time at the beach or on the water.



Marshall Rubin
Physician Assistant

Marshall is a certified physician assistant licensed in the State of Florida. He graduated from Nova Southeastern University in Naples Florida with his Master of Medical Science in Physician Assistant studies. Since graduating in 2008, Marshall has practiced in areas of mental health, primary care, urgent care, and most recently in a COVID-19/respiratory clinic. Prior to becoming a physician assistant, Marshall gained a wealth of medical experience as a US Navy Corpsmen and Independent Duty Diving Medical Technician. He retired after 22 years of faithful service. Marshall is looking forward to bringing his experience and passion for helping others to the medical team at the center.



Paula Rippetoe
Licensed Practical
Nurse

Paula is a newly-licensed practical nurse who became a medical assistant 27 years ago. She also spent 17 of those years working as a certified correctional officer. Paula is looking forward to taking care of her patients at the Escambia Employee & Family Health Center and wants them to know that she is here to help. She wants members to feel comfortable asking her for any assistance they might need. Paula has been married for over 27 years and has a 26 year old daughter and a 15 year old terrier. She enjoys reading, watching movies, and spending time at home with her family.

To schedule an appointment, call the health center or go online to my.marathon-health.com.

**Escambia Employee &
Family Health Center**
2257 N Baylen Street
Pensacola, FL 32501
850-595-1949

Mon, Wed: 7am – 5pm
Tue: 8am – 1pm
Thu, Fri: 8am – 5pm
Sat: 8am – 1pm

Marathon
health
For life.

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Sharell Locke
Medical Assistant

Sharell has been working in healthcare since she completed her medical assistant certification at Virginia College in Florida over five years ago. She previously worked as a medical assistant and referral coordinator at a local Pensacola hospital. At the Escambia Employee & Family Health Center, Sharell is able to obtain patient vitals, order tests, send referrals, and

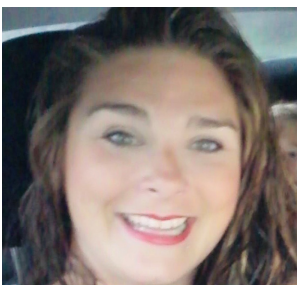
help members use the Patient Portal. She is active in helping raise money for her community, and in her spare time, Sharell loves traveling and seeing the different sights the world has to offer. She also enjoys doing arts and crafts with her children.



Christina Thatcher
Medical Assistant

Christina is a medical assistant who is excited to promote a culture of wellness and growth at the Escambia Employee & Family Health Center. She enjoys being able to work with others to provide quality healthcare to her patients. She earned her associate's degree in medical assisting from Platt College in Ontario, CA and has been working in healthcare since 2011.

She previously worked as a lead medical assistant and in-home support service provider for the elderly and disabled. Christina loves to draw, spend time with her friends and family, and enjoy nature.



Brandy Ishee
Practice Support Specialist

Brandy has been working in healthcare for over 20 years in roles ranging from front office to patient care. She loves her job because she's constantly learning something new, and she's excited to share what she knows with her patients. Brandy always strives to work hard for her team and patients, so she is looking forward to this opportunity and to provide great care

to members of the Escambia Employee & Family Health Center. In her spare time, Brandy loves music, the outdoors, riding in the wind with her fiancé and spending time with her family.

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